



Equipes Notre-Dame



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**“For the spirit of Teams to be alive and lasting, there has to be a rule.”**

A beautiful ambition for **Christian couples** :  
To give God the place in our lives that he deserves!  
Because in the end, didn't we commit to each other in front of Him  
To love each other and bear fruit?  
And did He not commit with us, before us  
By forgiving us and loving us right to the end?

Yes indeed, thank you, **Father Caffarel!**  
Thank you for your call  
To base ourselves on Christ  
By giving ourselves **the means!**

**Listening to the Word of God, Private Prayer**

For greater communion

**Rule of life, Conjugal Prayer**

For the couple, it's vital!

**Annual Retreat** and the **'Sit-Down'**

Necessary breaks in our busy lives!

In order to continue to grow in **Holiness**,  
We cannot remain alone.

**Every month**, the team members  
Like to **get together**  
With fraternal demands, in simplicity and in truth,  
They help each other mutually, in prayer and friendship  
And experience moments **of sharing**,  
Which give meaning to the **sacrament of Marriage**.

**Thank you Teams of Our Lady !**



**Free form poem written by Team members.**

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