



Faithfulness [3] :

Fidelity is an essential element in marriage and is the foundation on which it is based. Marriage is about more than love, as love is a mystery that is hidden under faithfulness, which represents the victory of love over time. The essential content of the spouses consent is the reciprocal promise of their fidelity as a guarantee of the unity and indissolubility of marriage... [Read more.](#) [3]

Spirituality [4] :

We are speaking today a lot about spirituality. We risk making the term so worn out that eventually it does not have the effect of illuminating our existence that is expected or anticipated. In this meditation I would like to contribute to the clarification of this concept that is so important to the human and Christian experience... [Read more.](#) [4]

Redemption [5] :

In traditional teaching on the sacrament of marriage, since the time of St. Augustine, the benefits and the ends of marriage are defined. The benefits of Marriage - the children, fidelity and the sacrament - shows us that marriage is a 'good' in reality which corresponds with the thoughts of God, so that, as a sacrament, marriage becomes an effective sign of the mystery of the spousal relationship between Christ and the Church, a subject that was dealt with well by Pope John Paul II in his catechesis on the body, whose literature and meditation should be for all the couples of the Teams of Our Lady as a must-read book, as a bedside book... [Read more.](#) [5]

Fruitfulness [6] :

Our meditations each morning have one theme "conjugal love", which represents the most profound mystery of our human condition of beings created in the image and likeness of God. It was so from the beginning. According to the first account of creation, God created man in his own image and likeness and created them male and female... [Read more.](#) [6]

Mission [7] :

When the apostolic exhortation *Evangelii Gaudium* speaks of the mission of Christians in the world, Pope Francis addresses a common expression that says that every Christian must be missionary; disciple and missionary, proposing a different formulation according to which Christians should consider themselves to be missionary disciples... [Read more.](#) [7]

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